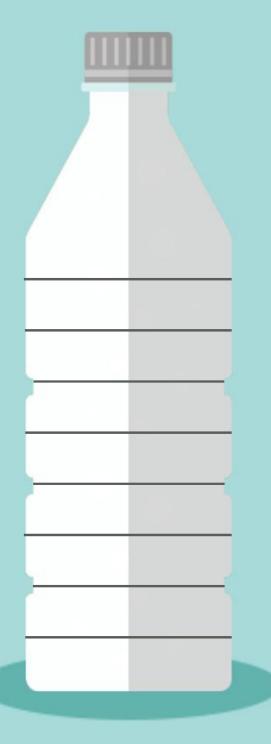


What is your daily Goal?

Date: _____



Your Goal oz



Consumed oz